Mini-Incision Carotid Endarterectomy

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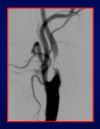

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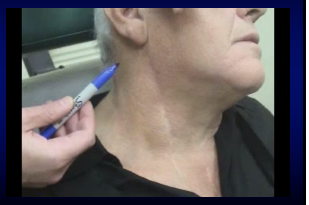
Nothing to declare. No disclosures

CEA: Zero Complications

What if the results of CEA turn out to be statistically better than CAS ?

Operation vs Puncture !!

Carotid Endarterectomy



Mini incison CEA

1. *One inch cut-down*
2. *No deaths*
3. *No strokes*
4. *No MI*
5. *No nerve damage*

Is It Feasible?

Protocol

Patient Selection

1. Cardiac work-up: stress test - < MI
2. Serum creatinine < 3 mg/dL - <mortality
3. Three month interval between CEAs - <CHS

Mini-Incision CEA Results: 383 consecutive cases 52% asymptomatic

Complications

MI (0%)
Stroke 2 (0.5%)
Nerve injury (0%)
30-day death 1 (0.26%)

All patients checked perioperatively by the NYU stroke team

Mini skin incision for carotid endarterectomy (CEA): A new and safe alternative to the standard approach

Enrico Ascher, MD, Anil Hingorani, MD, Natalie Marks, MD RVT, Richard W. Schutzer, MD, Manikyam Muryata, MD, Suresh Nahata, MD, William Yorkovich, RPA, and Theresa Jacob, PhD, Brooklyn, NY

Purpose: Patients requiring surgery are naturally attracted to shorter incisions because they tend to cause less pain and are esthetically more appealing. To substantially shorten the length of standard skin incisions (4 to 7 inches) for carotid endarterectomy (CEA), we used preoperative duplex scanning to outline the carotid bifurcation as well as to determine

JVS 2005

Average length of incision: 1.4 ± 0.5 inches (3.5 cm ± 1.2 cm)

Prof. Armando Mansilha

A Short Incision for Carotid Endarterectomy Results in Decreased Morbidity

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First Department of Surgery, University of Athens Medical School, "Laiko" General Hospital, Athens, Greece

Objectives. *To investigate the effect of a short incision (<5 cm) on the complication rate of the carotid endarterectomy (CEA).*

Eur J Vasc Endovasc Surg 2007

769 CEA ≥ 5 cm length of incision: 13.5% nerve deficit

279 CEA <5 cm length of incision: 2.9% nerve deficit

p<0.001

Carotid endarterectomy remains cost-effective for the surgical management of carotid stenosis

Natalie D Sridharan[1], Rabih A Chaer[1], Kenneth Smith[1], Mohammad H Eslami[1]

J Vasc Surg 2022

MARKOV state-transition model to quantify lifetime costs in the USA

TCAR: $160,642/QALY

CEA: $100,000/QALY

Treatment Modalities

- ***Standard CEA:*** *No stent, long incision, more nerve injury*
- ***Transfemoral Carotid stenting:*** *Stent, no incision , less nerve injury*
- ***T-CAR:*** *Stent, small incision, less nerve injury, more expensive*
- ***Mini-Incision CEA:*** *No stent, small incision, less nerve injury, cheaper*

TCAR

Mini-Incision CEA

Try the mini-incision technique. Your patients will love it!

Thank you