

## “TCAR, like TFCAS, Has Durable Effectiveness Without Increased Mortality At 2-Years & Beyond”

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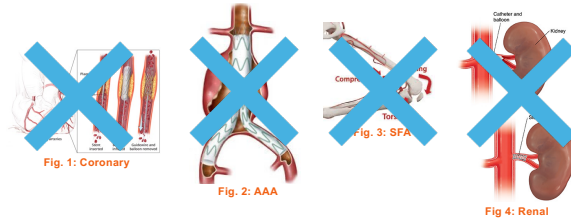
### Disclosure

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### What Is The Aim Of Carotid Revascularization?

**SUSTAINED Survival Free of Ipsilateral Stroke,  
 Stent Durability & Low Restenosis Rates**

### The ICA Represents a UNIQUE Hemodynamic Environment: **HIGH FLOW, LOW RESISTANCE**



1. Source: National Heart, Lung, and Blood Institute, National Institutes of Health, U.S. Department of Health and Human Services. [www.healthline.com/health/vascular-disease/coronary-artery-disease](http://www.healthline.com/health/vascular-disease/coronary-artery-disease).  
 2. Source: Circulation Foundation. [www.circulation.org/lookup/suppl/doi:10.1161/CIRCRES.113.302002/-/DC2](http://www.circulation.org/lookup/suppl/doi:10.1161/CIRCRES.113.302002/-/DC2).  
 3. Source: [www.ncbi.nlm.nih.gov/pmc/articles/PMC3949446/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3949446/).

### Patient-Level Data Acquired from RCTs:

*EVA3S, SPACE, ICSS, and CREST to Assess Long-term Outcomes of CAS & CEA for Symptomatic Carotid Stenosis*

Long-term outcomes of stenting and endarterectomy for symptomatic carotid stenosis: a preplanned pooled analysis of individual patient data

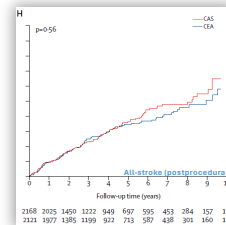
Thomas G Brodt<sup>1</sup>, David Calvet<sup>2</sup>, George Howard<sup>3</sup>, John Gregson<sup>4</sup>, Ale Algra<sup>5</sup>, Jean-Pierre Becquemin<sup>6</sup>, Gert J de Borst<sup>7</sup>, Richard Bulbulia<sup>8</sup>, Hans-Henning Eckstein<sup>9</sup>, Gustav Fraedrich<sup>10</sup>, Jacoba P Grewing<sup>11</sup>, Alison Halliday<sup>12</sup>, Jeroen Hendriks<sup>13</sup>, Olav Jansen<sup>13</sup>, Jennifer H Voeks<sup>14</sup>, Peter A Ringleb<sup>15</sup>, Jean-Louis Mas<sup>2</sup>, Martin M Brown<sup>16</sup>, Leo H Bonatti<sup>17</sup>, Carotid Stenosis Trialists' Collaboration

**N = 4,754 Patients Followed to a maximum of 12.4 years**

Brodt TG, Calvet D, Howard G, et al. Long-term outcomes of stenting and endarterectomy for symptomatic carotid stenosis: a preplanned pooled analysis of individual patient data. *Lancet Neurology*. 2019;19(10):940-950. doi:10.1016/S1473-3099(19)30202-6

### Patient-Level Data Acquired from RCTs: EVA3S, SPACE, ICSS, and CREST

(LH) All events. The risk of events estimates are provided for all outcomes, including both postprocedural and postprocedural events on the left of the figure (L) and for postprocedural events only (ie, >100 days) on the right of the figure. p-values are for treatment differences using the log-rank test. CAS=carotid artery stenting; CEA=carotid endarterectomy.



Brodt TG, Calvet D, Howard G, et al. Long-term outcomes of stenting and endarterectomy for symptomatic carotid stenosis: a preplanned pooled analysis of individual patient data. *Lancet Neurology*. 2019;19(10):940-950. doi:10.1016/S1473-3099(19)30202-6

### No Difference in Rate of Significant Restenosis (≥70%) From The CREST or ICSS Randomized Controlled Trials of TFCAS vs. CEA

**CREST: Restenosis 27% cumulative incidence: 12.2% with CAS vs. 9.7% with CEA. Hazard Ratio (HR) 1.24**

**ICSS: Restenosis 27% out to 7 years demonstrated no difference between CAS and CEA**

Brain 2012; Howard G, Nusslein GE, et al. Long-Term Results of Stenting Versus Endarterectomy for Carotid Artery Stenosis. N Engl J Med 2012;371(17):1274-1282. doi:10.1056/NEJMoa1202141  
 Howard G, Dawson J, Paphitisides B, et al. Long-term outcomes after stenting versus endarterectomy for treatment of symptomatic carotid stenosis: the International Carotid Stenting Study (ICSS) randomized trial. Lancet. 2015;385(9997):630-639. doi:10.1016/S0140-6736(14)00113-2

### 10-year CREST Data Demonstrate that patients randomized to CAS demonstrated lower rates of revascularization vs. patients randomized to CEA

**Conclusions: A low rate of repeat revascularization was seen without any significant difference among patients who underwent CEA or CAS over 10 years.**

Quintill G et al. Repeat Revascularization over 10 Years Following Carotid Endarterectomy or Carotid Stent Placement: An Analysis of Carotid Revascularization Endarterectomy Versus Stent Trial. World Neurology 2021; 12(12):2475-2478. doi: 10.7554/wgn.2021.12.12.2475

### VQI-derived single-center PSM analysis TCAR vs. CEA in HSR pts with 2-year endpoint!

**“CEA was superior to TCAR for the rates of stroke/death” at 2 years**

**Key Takeaways:**

- Sample size: 242 TCARs, substantially underpowered for intermediate term follow-up.
- 29 TCAR patients and 165 CEA patients at 2 years in the Propensity Score Matched (PSM) freedom from stroke analysis.
- Differing Conclusions: From larger NATIONAL LEVEL analyses reporting data from the same source (VQI) during the same time frame.
- Single Center (Bias): Selection bias has notable impact in a single center analysis where there are specific attitudes to decision making for carotid revascularization strategies within a small group of physicians (dependent on patient factors and legacy practices).
- ISR Not Applicable: The authors state “these data do raise concern for the performance of a carotid stent in a larger cohort of patients with life expectancy greater than 2 years”.
- CANNOT EXTRAPOLATE: Standard risk factors do not have the co-morbidity profile that would impact on late stroke and mortality.

95% CI, 0.95-1.37; P=.157.

Abstract: Carotid Artery Revascularization after Stenting or Carotid Endarterectomy in High-Risk Patients. JAMA. 2021;325(12):1111-1120. doi:10.1001/jama.2020.26888

### Critical Appraisal:

All-cause mortality rather than neurologic or stroke-related mortality was captured, which is not the crucial endpoint.

- A - Peri-procedural (30-day) stroke/death outcomes were equivalent**, therefore the 2yr stroke differences are not due to inherent safety differences of the procedures.
- B - Rate of the rate of restenosis ≥80% was not statistically significant (p=0.099).**
- C - Most restenoses were asymptomatic & the rates of freedom from reintervention at two years were similar (99%).**
  - DUS “restenosis” of the stented carotid artery is therefore not a clinically meaningful endpoint.

Rate of late (non-periprocedural) stroke at 2 years was **not statistically higher for TCAR**, but trends up (p=0.08), reflecting the co-morbidity differences in favor of CEA:

**2-year rates of stroke/death statistically higher for TCAR (p=0.05)**

- This is largely driven by the mortality endpoint difference (given the lack of statistical significance in the stroke endpoint) in patients with substantial co-morbidities undergoing TCAR. This confounding exists despite PSM.

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