



## Pulmonary Denervation: A New Frontier In The Treatment Of Pulmonary Hypertension

VEITH 2024 (15 min)



Center for Quality, Effectiveness, and Outcomes in Cardiovascular Diseases



### CV-QED

## Disclosures

- Specific Disclosures
  - None
- General Disclosures
  - None

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## Current Endpoints

<b>Acute</b>	Acute Clot management	Restore hemodynamics Prevent Death
<b>Post Acute</b>	Anticoagulation	Facilitate clot resolution Prevent Recurrence
<b>Chronic</b>	Cardio-pulmonary Rehab	Ameliorate Post-PE Syndrome

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## Post PE Syndrome

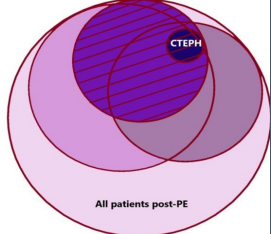
*“persistent dyspnea, exercise limitation, and impaired quality of life that persist for longer than 3 months after effective anticoagulation for acute PE.”*

50%

Sanders A, Matonhodze M. Post pulmonary embolism syndrome: a common, underdiagnosed complication that is not well recognized. *BMJ Case Rep.* 2019 Feb 22;12(2):e226674

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- All patients post-PE
- Symptoms of reduced functional status
- Persistent thrombi
- Measurable limitations in cardiopulmonary function
- CTEPH
- Post-PE syndrome



Sanders A, Matonhodze M. Post pulmonary embolism syndrome: a common, underdiagnosed complication that is not well recognized. *BMJ Case Rep.* 2019 Feb 22;12(2):e226674

## Post PE Syndrome

- 25-33% of patients after a PE
  - Incomplete thrombus resolution,
  - Impaired gas exchange,
  - Altered hemodynamics.
- 10-30% of patients
  - Pulmonary artery pressure is elevated,
  - Right ventricular function remains abnormal
- 0.5-4% of patients
  - Chronic thromboembolic pulmonary hypertension (CTEPH)

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### ELOPE (Evaluation of Long-term Outcomes after PE) Study

- Predictors of post-PE syndrome
  - male sex,
  - younger age,
  - higher BMI,
  - smoking.
- Cardiopulmonary exercise testing (VO<sub>2</sub> max <80% predicted) or 6-minute walk testing at one month may help to identify patients with a higher risk of post-PE syndrome at one year

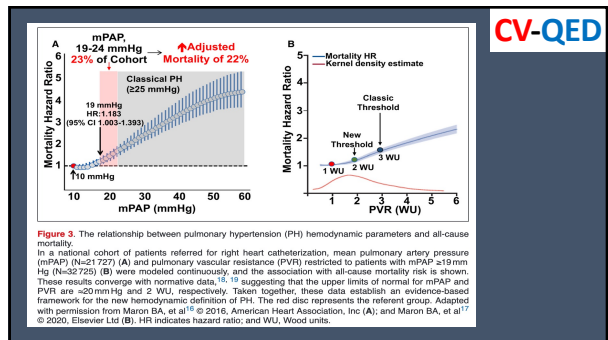


Definition	Characteristics (Based on right heart catheterization)	Clinical group
<b>Precapillary</b>	<ul style="list-style-type: none"> <li>• mPAP ≥ 25 mmHg</li> <li>• PAWP (or LVEDP) ≤ 15 mmHg</li> </ul>	I, III, IV, V
<b>Postcapillary</b>	<ul style="list-style-type: none"> <li>• mPAP ≥ 25 mmHg</li> <li>• PAWP (or LVEDP) &gt; 15 mmHg</li> <li>◦ Post-capillary PH: TPG ≤ 12 mmHg or DPG &lt; 7 mmHg</li> <li>◦ Combined post &amp; pre-capillary PH: TPG &gt; 12 mmHg or DPG ≥ 7 mmHg</li> </ul>	II

TPG (Trans-pulmonary gradient) = mPAP – PAWP  
 DPG (Diastolic pulmonary gradient) = dPAP – PAWP

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Pulmonary arterial hypertension (PAH)	PH associated with left heart disease	PH associated with lung disease	PH associated with pulmonary artery obstructions	PH with unclear and/or multifactorial mechanisms
<ul style="list-style-type: none"> <li>• Idiopathic/heritable</li> <li>• Associated conditions</li> </ul>	<ul style="list-style-type: none"> <li>• lpcPH</li> <li>• CpcPH</li> </ul>	<ul style="list-style-type: none"> <li>• Non-severe PH</li> <li>• Severe PH</li> </ul>	<ul style="list-style-type: none"> <li>• CTEPH</li> <li>• Other pulmonary obstructions</li> </ul>	<ul style="list-style-type: none"> <li>• Hematologic disorders</li> <li>• Systemic disorders</li> </ul>
<b>PREVALENCE</b>				
Rare	Very common	Common	Rare	Rare



### Risk assessment and stratifications REVEAL Lite 2


- Parameters
  - New York Heart Association (NYHA)
  - WHO functional class (FC)
  - Vital signs (systolic BP [SBP] and heart rate)
  - 6MWD - walking
  - Brain Natriuretic Peptide(BNP)/N-terminal prohormone of brain natriuretic peptide(NT-proBNP)
  - Renal insufficiency: eGFR<60mL/min/1.73m<sup>2</sup>
- Risk Stratification
  - 1 – 5 low
  - 6 – 7 intermediate
  - > 8 high-risk



### Risk and Outcomes

- Risk Stratification and 1-year mortality
  - Low (<5%),
  - Intermediate (5-10%)
  - High-risk (>10%)





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**PEA**

**Rx** **PADN**

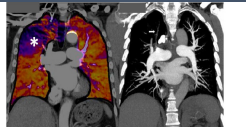
**BPA**

### Evaluation and management of patients with chronic thromboembolic pulmonary hypertension - consensus statement from the ISHLT

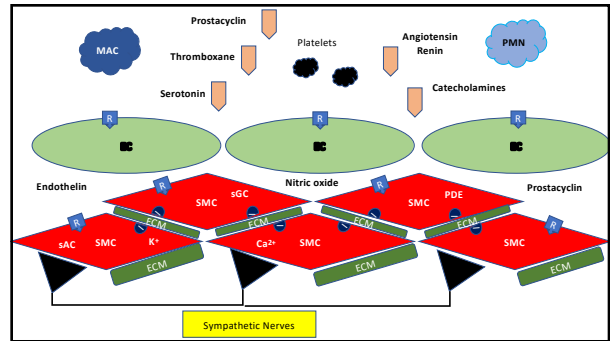
**Table 1** CTEPH Prediction Score: a Score of More Than 6 Points Denotes a "High Risk"


Points for score	
Unprovoked PE	+6
Known hypothyroidism	+3
Symptom onset greater than 2 weeks before PE diagnosis	+3
Right ventricular dysfunction on CT or echocardiogram	+2
Known diabetes mellitus	-3
Thrombolytic therapy or embolectomy	-3
A Score greater than 6 points denotes a "high risk" for CTEPH	

CT, computed tomography; PE, pulmonary embolism; VTE, venous thromboembolism.



**Figure 1** Coronal view of Axial Energy CTPE in a 45-year-old male CTEPH. There is a large pulmonary embolus (PE) in the anterior segment of the right upper lobe (L1-L5) with corresponding no-flow signs in the anterior right upper lobe pulmonary artery (Right CTEPH). There is thromboembolic pulmonary hypertension (CTPH). Contrast-enhanced pulmonary angiography.

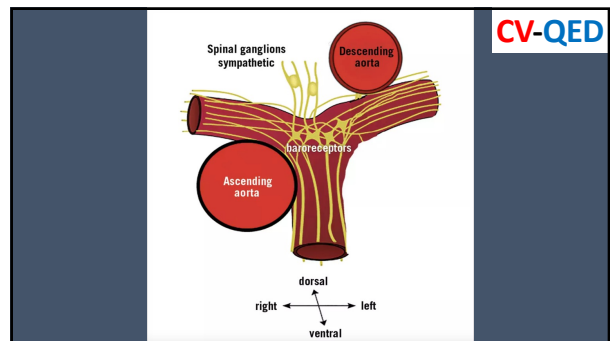
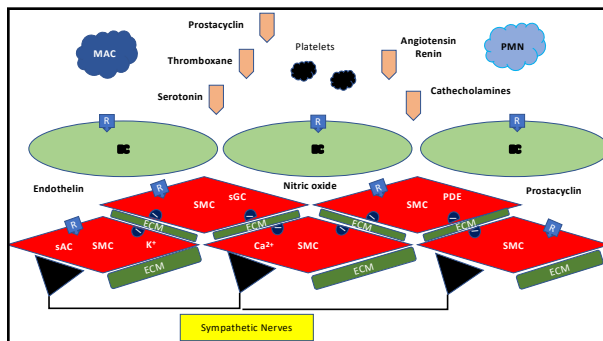
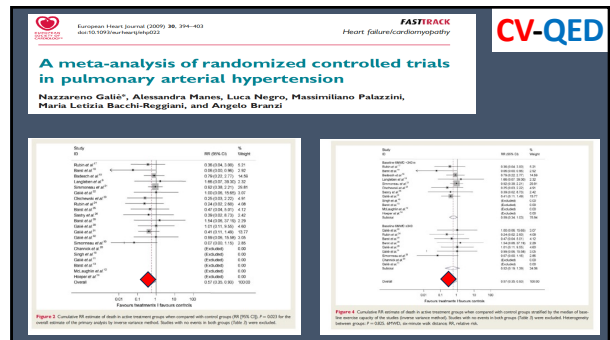




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### Table 2. Approved Medications for the Treatment of PAH (Table View)

Generic name	Route of administration	Drug class	Indication
Epoprostenol	Intravenous	Prostacyclin derivative	Treatment of PAH to improve exercise capacity
Iloprost	Inhaled	Prostacyclin derivative	Treatment of PAH to improve a composite end point consisting of exercise tolerance, symptoms (NYHA class), and lack of deterioration
Treprostinil	Intravenous or subcutaneous	Prostacyclin derivative	Treatment of PAH to diminish symptoms associated with exercise
Treprostinil	Inhaled	Prostacyclin derivative	Treatment of PAH to improve exercise ability
Treprostinil	Oral	Prostacyclin derivative	Treatment of PAH to improve exercise ability
Selexipeg	Oral	Selective prostacyclin (IP) receptor agonist	Treatment of PAH to improve a composite end point of delay of clinical worsening
Bosentan	Oral	Endothelin receptor antagonist	Treatment of PAH to improve exercise capacity and to decrease clinical worsening
Ambrisentan	Oral	Endothelin receptor antagonist	Treatment of PAH to improve exercise capacity and delay clinical worsening
Macitentan	Oral	Endothelin receptor antagonist	Treatment of PAH to improve a composite end point of delay of clinical worsening
Sildenafil	Oral or intravenous	PDE5 inhibitor	Treatment of PAH to improve exercise capacity and delay clinical worsening
Tadalafil	Oral	PDE5 inhibitor	Treatment of PAH to improve exercise ability
Riociguat	Oral	Soluble guanylyl cyclase stimulator	Treatment of PAH to improve exercise ability



### Pulmonary Artery Innervation

Rothman et al. *Circ Cardiovasc Interv.* 2015;8:e002569. DOI: 10.1161/CIRCINTERVENTIONS.115.002569.  
Zhou L. et al. *J Am Coll Cardiol Interv.* 2015; DOI: 10.1016/j.jcin.2015.09.015

### Pulmonary Arterial Hypertension: Sympathetic Activation

Velez-Roa et al. *Circulation.* 2004; 110:1308-1312

### Experimental studies of PADN

Author	Ref	Year	Species	Model	Technique	Outcome		
						PAP	PVR	Mortality
Juratsch	9	1980	Canine	balloon inflation in main PA	Surgical and chemical PADN	benefit	benefit	
Chen	26	2013	Canine	left pulmonary distal basal trunk or interlobar artery occlusion	Radiofrequency PADN	benefit	benefit	
Zhou	13	2015	Canine	intra-arterial N-dimethylacetamide or DPAICT	Radiofrequency PADN			benefit
Rothman	28	2015	Porcine	Ta2 challenge pre- and post-PADN	Radiofrequency PADN			benefit
Liu	27	2016	Canine	IV monocrotaline	PADN			benefit
Zhang	28	2016	Rat	supracoronary aortic banding	Surgical and chemical PADN	benefit	benefit	benefit
Huang	29	2019	Rat	IV monocrotaline	Radiofrequency PADN	benefit	benefit	benefit
García-Lunar	30	2019	Porcine	pulmonary vein banding	Surgical and Radiofrequency PADN	no effect	no effect	benefit
Rothman	24	2019	Porcine	Ta2 challenge pre- and post-PADN	PADN	benefit		benefit

### Remodelling of Pulmonary Vessels

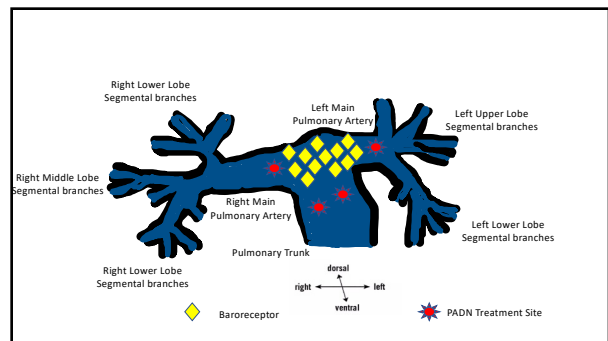
Zhou L. et al. *J Am Coll Cardiol Interv.* 2015; DOI: 10.1016/j.jcin.2015.09.015

### Pulmonary Artery Denervation to Treat Pulmonary Arterial Hypertension

The Single-Center, Prospective, First-in-Man PADN-1 Study (First-in-Man Pulmonary Artery Denervation for Treatment of Pulmonary Arterial Hypertension)

Shao-Liang Chen, MD,\*; Feng-Fu Zhang, MD,\*; Jing Xu, MD,\*; Du-Jiang Xie, MD,\*; Ling Zhou, MD,\*; Thach Nguyen, MD;†; Gregg W. Stone, MD§

Nanjing, China; Hobart, Indiana; and New York, New York



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The following ablation parameters were applied at each spot: temperature >50°C, energy = 10 W, and time = 120 s.

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SoniVie Technology - TIVUS™ System  
Non Focused Ultrasound for intra-vascular denervation

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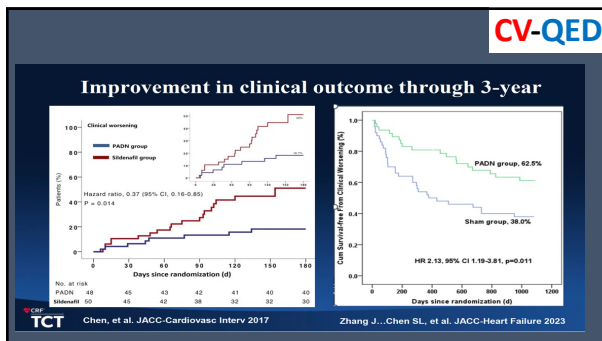
Pulmonary cryoablation – new turn in advanced ablation technologies

Cryoablation temperature – 70 C  
Duration at each spot – 2 min  
Average number of cryoablation spots at each ostium – 6 to 7

**Human Studies**

Study type	Author	Ref	Year	Modality	Daily observations					Outcomes							
					Therapy Group	Control Group	Follow up (months)	Lost to follow up	6-minute walking distance	Mean pulmonary artery pressure	Pulmonary vascular resistance	Left ventricular end systolic diameter	Cardiac output	Mortality	Morbidity	Cardiac function	Healthcare use
Case Series	Chen	16	2014	PADN	21	13	8	3	0	1	1	2	2	2	2	2	2
Case Series	Chen	17	2015	PADN	66	46	0	12	0	2	3	2	2	2	2	2	2
Case report	Smith	18	2015	PADN	21	1	0	0	0	1	2	2	2	2	2	2	2
Case report	Zhang	19	2018	PADN	1	1	0	12	0	1	1	1	1	1	1	1	1
Randomized	Branden	20	2017	Surgery vs PADN	80	80	15	15	0	1	2	2	2	2	2	2	2
Randomized	Zhang	21	2018	PADN	98	98	100	0	0	1	1	2	2	2	2	2	2
Case Series	Trifunovic	22	2018	Surgery vs PADN	100	88	2	0	0	2	2	2	2	2	2	2	2
Randomized	Samuelsson	23	2019	PADN	100	100	100	100	0	1	2	2	2	2	2	2	2
Case Series	Andriyas	24	2020	PADN	23	23	0	0	0	2	2	2	2	2	2	2	2
Case report	Goehring	25	2020	PADN	2	2	0	12	0	1	2	2	2	2	2	2	2
Case Series	Yoshitake	26	2020	PADN	180	180	0	0	0	2	2	2	2	2	2	2	2
Case Series	Zhang	27	2022	PADN	120	120	0	48	0	2	2	2	2	2	2	2	2

PADN: Catheter Pulmonary artery denervation  
\*Lost to follow up  
†Lost defined primary endpoint  
‡Secondary endpoint



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**Clinical trials**

**Inclusion criteria**

- 18 years and older
- mPAP ≥25mmHg,
- PCWP <15mmHg
- PVR >3.0 WU
- WHO pulmonary hypertensive class 1

**Exclusion criteria**

- estimated life expectancy < 12 months
- pregnant or breast feeding
- WHO pulmonary hypertensive classes 2, 3, 4, 5
- Creatinine clearance <30 ml/min,
- Abnormal platelet count <100,000/L.
- Autoimmune diseases, malignancy,
- Tricuspid valve stenosis
- Supra-pulmonary valve stenosis

Class 1 Loss and obstructive remodeling of the pulmonary vascular bed  
Class 4 CTEPH

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**5 Trials**

A Meta-analysis of the efficacy of pulmonary artery denervation in the treatment of pulmonary hypertension  
 Zhenchen Zheng<sup>1</sup>, Riken Chen<sup>2</sup>, Xishi Sun<sup>3</sup>, Jinmin Lu<sup>4</sup>, Donghao Wang<sup>5</sup>, Haimin Lu<sup>6</sup>, Minshan Chen<sup>7</sup>, Haoran Chen<sup>8</sup>, Cheng Hong<sup>9</sup>

**The literature quality evaluations were all Level B**

**PADN treatment**

- Significant effect
  - Improved 6-minute walking distance
  - Reduced mean pulmonary artery pressure (mPAP),
  - Reduced pulmonary vascular resistance (PVR)
  - Improved cardiac output
- No significant effect
  - Left ventricular end-systolic diameter
  - Mortality rate
  - Cardiac function

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**6 Trials**

**Pulmonary Artery Denervation as a New Therapeutic Option for Pulmonary Hypertension: A Systematic Review and Meta-Analysis**  
 Khalid Saeed Al-Awad<sup>1</sup>, Robert M. Pressad, DO<sup>2</sup>, Gabriel Panossian, MD<sup>3</sup>, Sundaresan Balaji, MD<sup>4</sup>, Matthew Wilcox, DO<sup>5</sup>

**"PADN improves hemodynamics in patients with PH by a significant reduction in mPAP and PVR while having a significant increase in cardiac output....."**

**PADN improved functional capacity with a marked increase in 6MWD and better quality of life."**

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**Pulmonary Artery Denervation for Pulmonary Arterial Hypertension**  
 A Sham-Controlled Randomized PADN-CFDA Trial

Hong Zhang, MD<sup>1</sup>, Tingting Yao, PhD<sup>2</sup>, Guohua Zhang, MD<sup>3</sup>, Shengqiang Yang, MD<sup>4</sup>, Hong Xue, MD<sup>5</sup>, Hongping Gu, MD<sup>6</sup>, Tingting Yao, MD<sup>7</sup>, Hongping Gu, MD<sup>8</sup>, Tingting Yao, MD<sup>9</sup>, Tingting Yao, MD<sup>10</sup>, Tingting Yao, MD<sup>11</sup>, Tingting Yao, MD<sup>12</sup>, Tingting Yao, MD<sup>13</sup>, Tingting Yao, MD<sup>14</sup>, Tingting Yao, MD<sup>15</sup>, Tingting Yao, MD<sup>16</sup>, Tingting Yao, MD<sup>17</sup>, Tingting Yao, MD<sup>18</sup>, Tingting Yao, MD<sup>19</sup>, Tingting Yao, MD<sup>20</sup>

**"In patients with WHO group 1 PAH, PADN improved exercise capacity, hemodynamic status, and clinical outcomes during 6-month follow-up"**

**CENTRAL ILLUSTRATION** Change in Endpoints From Baseline to 6 Months

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**Treatment effects of pulmonary artery denervation for pulmonary arterial hypertension stratified by REVEAL risk score: Results from PADN-CFDA trial**  
 Junyi Zhang, MD<sup>1</sup>, Tingting Yao, PhD<sup>2</sup>, Tingting Yao, MD<sup>3</sup>, Tingting Yao, MD<sup>4</sup>, Tingting Yao, MD<sup>5</sup>, Tingting Yao, MD<sup>6</sup>, Tingting Yao, MD<sup>7</sup>, Tingting Yao, MD<sup>8</sup>, Tingting Yao, MD<sup>9</sup>, Tingting Yao, MD<sup>10</sup>, Tingting Yao, MD<sup>11</sup>, Tingting Yao, MD<sup>12</sup>, Tingting Yao, MD<sup>13</sup>, Tingting Yao, MD<sup>14</sup>, Tingting Yao, MD<sup>15</sup>, Tingting Yao, MD<sup>16</sup>, Tingting Yao, MD<sup>17</sup>, Tingting Yao, MD<sup>18</sup>, Tingting Yao, MD<sup>19</sup>, Tingting Yao, MD<sup>20</sup>

**REVEAL = The Registry to Evaluate Early and Long-Term PAH Disease Management risk calculator**

**Figure 3** Graphical abstract. Abbreviations: PADN, pulmonary artery denervation; PDE-5i, phosphodiesterase 5 inhibitors.

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**Aggressive Thrombus Removal**

**Balloon Pulmonary Angioplasty/PEA**

**Pulmonary Artery Denervation** OPEN PERCUTANEOUS

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