

51st VEITH Symposium, New York City, NY, 19th-23rd November 2024

WITH TANDEM CAROTID LESIONS IN THE NECK AND SUPRA-AORTIC TRUNKS, HOW SHOULD ACUTELY SYMPTOMATIC PATIENTS BE MANAGED: WHAT ABOUT ASYMPTOMATIC PATIENTS WITH SUCH LESIONS


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DISCLOSURE

No financial conflict of interest to disclose

TANDEM (EXTRA AND INTRACRANIAL) LESIONS



- Asymptomatic (rare)
- Symptomatic

Stroke pts

MR CLEAN (the Multicenter Randomized Clinical Trial of Endovascular Treatment for Acute Ischemic Stroke in the Netherlands) [13, 374](#)
 REVASCAT (Revascularization With Solitaire FR Device Versus Best Medical Therapy in Anterior Circulation Stroke Within 8 Hours of Symptom Onset) [14, 1476](#)
 ESCAPE (Endovascular Treatment for Small Core and Proximal Occlusion Ischemic Stroke) [15, 1474](#)

Jadhav et al. Stroke 2023

AHA/ASA GUIDELINE

2021 Guideline for the Prevention of Stroke in Patients With Stroke and Transient Ischemic Attack

A Guideline From the American Heart Association/American Stroke Association

5.1.3. Aortic Arch Atherosclerosis

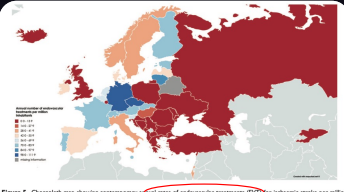
Recommendations for Aortic Arch Atherosclerosis
 Referenced studies that support recommendations are summarized in online [Table 10](#).

COR	LOE	Recommendations
1	B-R	1. In patients with a stroke or TIA and evidence of an aortic arch atheroma, <u>intensive lipid management</u> to an LDL cholesterol target <70 mg/dL is recommended to prevent recurrent stroke. ²¹⁰
1	C-LD	2. In patients with a stroke or TIA and evidence of an aortic arch atheroma, <u>antiplatelet therapy</u> is recommended to prevent recurrent stroke. ²⁰⁶⁻²⁰⁸

Kleinendorfer et al. Stroke 2021

STROKE TREATMENT

Since publication in 2015 of Mechanical Thrombectomy (MT) Trials and acquisition of these new information in guidelines, **stroke treatment has dramatically changed worldwide**



Data demonstrated high variability in access to EVT for stroke pts in different areas

Even in European countries, only 7-3% of all patients with acute ischaemic stroke receive intravenous thrombolysis and only 1-6% receive endovascular treatment, with the highest country-level rates being 20-6% for intravenous thrombolysis (in the Netherlands) and 5-10% for endovascular treatment (in Malta).

Aguilar de Sousa D et al. Eur Stroke J 2023

STROKE TREATMENT

The state of stroke services across the globe: Report of World Stroke Organization–World Health Organization surveys

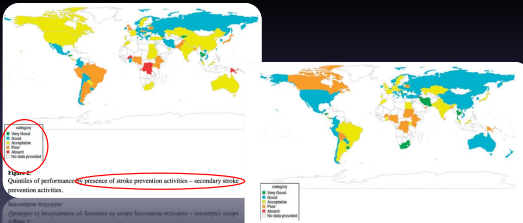
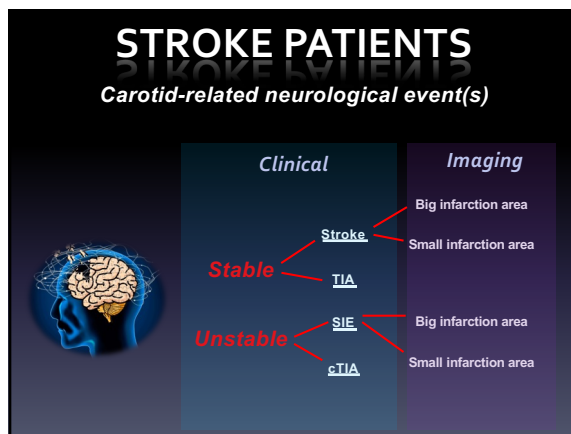
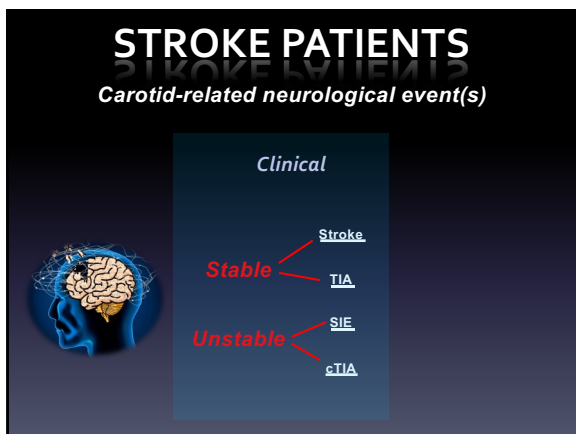


Figure 1. Quality of performance (QoP) of stroke prevention activities – secondary and preventive activities.

Figure 2. Quality of performance (QoP) of stroke services – secondary and preventive activities.

Owolabi MO et al. Int J Stroke 2022



CLINICAL PRACTICE GUIDELINE DOCUMENT

European Society for Vascular Surgery (ESVS) 2023 Clinical Practice Guidelines on the Management of Atherosclerotic Carotid and Vertebral Artery Disease[☆]

Ross Naylor^{1,2}, Barbara Rantner³, Stefano Ancetti⁴, Gert J. de Borst⁵, Marco De Carlo⁶, Alison Halliday⁷, Stavros K. Kakkar⁸, Hugh S. Markus⁹, Dominick J.H. McCabe¹⁰, Henrik Sillesen¹¹, Jos C. van den Berg¹², Melina Vega de Ceniga¹³, Maartje A. Vermeer¹⁴, Frank E.G. Vermassen¹⁵

Recommendation 44 Unchanged

For symptomatic patients with a 50–99% stenosis in whom a carotid intervention is considered appropriate, it is recommended that this be performed as soon as possible, preferably within 14 days of symptom onset.

Class	Level	References	ToE
I	A	Rothwell et al. (2004) ^{16,17} , Rothwell et al. (2004) ^{18,19}	

Recommendation 47 Unchanged

For patients with 50–99% stenoses who present with stroke in evolution or crescendo transient ischaemic attacks, urgent carotid endarterectomy should be considered, preferably within 24 hours.

Class	Level	References	ToE
IIa	C	Munster et al. (2015) ²⁰ , Berkeassen et al. (2009) ^{21,22} , Caspocchia et al. (2012) ²³ , Gajin et al. (2014) ²⁴	

Operate within 14 days

24 hours if fluctuating symptoms

ESVS carotid guidelines Naylor et al. EVMS 2023

CAROTID REVASCULARIZATION IN STROKE PTS

Recommendation 46 Unchanged

For patients with 50–99% stenoses who experience a disabling stroke (modified Rankin score ≥3), or whose area of infarction exceeds one third of the ipsilateral middle cerebral artery territory, or who have altered consciousness/drowsiness, it is recommended to defer carotid interventions to minimise the risks of post-operative parenchymal haemorrhage.

Class	Level	References	ToE
I	C	Rantner et al. (2006) ²⁵ , Wolfe et al. (2004) ^{26,27}	

Disabling stroke (mRS>3)

>1/3 MCA territory

Altered consciousness

NO TX

ESVS carotid guidelines Naylor et al. EVMS 2023

CAROTID REVASCULARIZATION IN STROKE PTS

HOW?

CLINICAL PRACTICE GUIDELINE DOCUMENT

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Recommendation 45 Unchanged

For patients who are undergoing revascularisation within the first 14 days after onset of symptoms, it is recommended that they should undergo carotid endarterectomy, rather than carotid stenting.

Class	Level	References	ToE
I	A	Rantner et al. (2017) ²⁸ , Rantner et al. (2013) ^{29,30}	

CEA is better...

ESVS carotid guidelines Naylor et al. EVMS 2023

TANDEM OCCLUSION/STENOSIS IN STROKE TREATMENT

Consensus for synchronous CAS in MT in presence of...

Recommendation 51		New
For a patient with acute ischaemic stroke undergoing intracranial mechanical thrombectomy with a tandem 50–99% carotid stenosis and a small area of ipsilateral infarction, synchronous carotid stenting may be considered in the presence of poor antegrade internal carotid artery flow or poor collateralisation via the circle of Willis after mechanical thrombectomy.		
Class	Level	References
Ib	C	Consensus

ESUS created cardiovascular Medicine et al. EBSC 2022

#Stroke patient admitted to Emergency Department

- Female
- 72 years old
- Neurological deficit occurring 2 hours before hospital admission
- NIHSS on admission 18
- No bleeding risk in medical Hx
- Brain CT → no hemorrhage, ASPECT 6, ACM hyperdensity

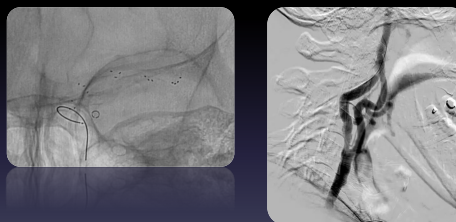
#Stroke patient admitted to Emergency Department

IVT was promptly started
Neuroradiologist alerted...

Patient transferred to neuroangi suite for Mechanical Thrombectomy (MT or EVT)



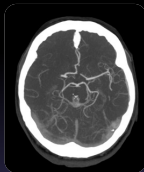
STROKE PTS WITH TANDEM LESIONS



Vascular Surgeon alerted because of a patient with M1 occlusion and very irregular carotid plaque on angiogram

STROKE PTS WITH M1 OCCLUSION AND IRREGULAR CAROTID PLAQUE

What to do next?



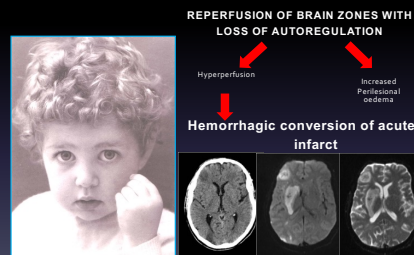
- Emergency CEA
- Concurrent/emergency CAS
- Delayed CEA.....WHEN?
- Delayed CAS.....WHEN?



Issues to consider


- Pt was under rtPA → clearance?
- NIHSS was severely compromised
- No advanced brain imaging

What is the *adjunctive* risk in very early CEA?



ICH OCCURRENCE

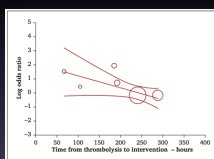
- rtPA (short half-life, prolonged effect)
- Antiplatelet therapy
- Reperfusion injury after CEA



A Systematic Review and Meta-analysis of Peri-Procedural Outcomes in Patients Undergoing Carotid Interventions Following Thrombolysis

Stavros K. Kakkoos^{1,2}, Melina Vega de Ceniga³, Ross Naylor⁴

¹Department of Vascular Surgery, University Hospital of Patras, Patras, Greece
²Department of Angiology and Vascular Surgery, Hospital de Galdakao-Usansolo, Galdakao and Biocruces Bizkaia Health Research Institute, Barakaldo, Spain
³Leicester Vascular Institute, Glenfield Hospital, Leicester, UK



Recommendation 49 New

For patients with acute ischaemic stroke due to a symptomatic 50–99% carotid stenosis who have received intravenous thrombolysis, delaying carotid endarterectomy or carotid stenting by six days following completion of thrombolysis should be considered.

Class	Level	References
IIa	B	Kakkoos et al. (2021) ¹⁶ , Vellimana et al. (2018) ¹⁷

According to guidelines carotid revascularization should be delayed in pts submitted to IVT

Kakkoos et al. EMES 2021
ESVS carotid guidelines Naylor et al. EMES 2021

EUR J Vasc Endovasc Surg (2014) 48, 505–512

REVIEW

Safety of Carotid Intervention Following Thrombolysis in Acute Ischaemic Stroke

R. Mandavila¹, M.I. Qureshi, B. Dharmrajah, K. Head, A.H. Davies

	N studies	N patients	30-day stroke&death	ICH
Mandavila 2014	9	114	4 (4.93%)	2*

*CEA 33 h after IVT
 °CEA 12 days after IVT

Prior Intravenous Stroke Thrombolysis Does Not Increase Complications of Carotid Endarterectomy

Petra Ijäs, MD, PhD, MSc; Elinoro Aro, MD, PhD; Henrietta Eriksson, MD; Pirkka Vikatmaa, MD, PhD; Lauri Soine, MD, PhD; Maarit Venermo, MD, PhD

Complication and Outcome According to the Timing of CEA	Stroke	Stroke-ICH	Stroke-ICH	P-value
Stroke onset				
Median time to stroke onset	8:26	5:28	8:28	0.979
Median length of stay	2:20	1:57-1:51	2:20	0.899
Discharge to HLT	0.99%	0.9%	0.9%	1.000
The primary outcome (stroke and ICH)				
Perioperative complication	7.0%	1.0%	6.0%	1.000
Total stroke occurrence	4.0%	0	4.0%	1.000
ICH				
Perioperative stroke onset within 30 days	0.0%	0.0%	0.0%	0.979
Time delay from CEA to presentation to stroke	1:16	1	1:16	1.000
Repeat/redo of drug-mediated operation	21:04	4:00	15:16	0.988
Repeat/redo of drug-mediated operation	1:46	0:00	2:42	0.920
Endovascular intervention				
Time delay from CEA to CEA	2:16	2	0:00-16	1.000
ICH occurrence	0.0%	0.0%	0.0%	1.000
Reoperation because of neck hematoma	1:00	2:00	0:00	0.992
ICH	0.0%	0.0%	0.0%	1.000
Stroke				
Stroke	10:10	11:00	11:00	1.000
Median time to stroke	1:03	1:03	1:03	0.991
Stroke	34:24	1:00	35:24	0.988
Stroke	34:24	0:00	35:24	0.988
Stroke within 30 days	0.0%	0.0%	0.0%	1.000

«We found no association between the time from IVT to CEA and CEA-related complications. Furthermore, the complication risk of the IVT-CEA patients was not increased compared with patients who underwent CEA alone. On the other hand, there were several recurrent strokes during the first week after stroke onset in the patients waiting for CEA.»

How many strokes occur WHILE WAITING for delayed carotid revascularization?

Ijäs et al. Stroke 2015

TANDEM OCCLUSION/STENOSIS IN STROKE TREATMENT



Despite some uncertainty, based on the available evidence, the American Heart Association/American Stroke Association considered the treatment of cervical ICA during EVT as reasonable (level IIb evidence)

IIb. Treatment of tandem occlusions (both extracranial and intracranial occlusions) when performing mechanical thrombectomy may be reasonable.

Tandem occlusions were included in recent endovascular trials that showed benefit of mechanical thrombectomy over medical management alone. In the HERMES meta-analysis, 122 of 1254 tandem occlusions (RR, 1.81 [95% CI, 0.98–3.49] and 112 of 1254 tandem occlusions (RR, 1.71 [95% CI, 1.40–2.09]) were reported compared with medical management.^{10,11} In THRACE, 24 of 196 tandem occlusions (RR, 1.82 [95% CI, 0.55–6.07] and 172 of 196 non-tandem occlusions (RR, 1.24 [95% CI, 0.87–2.07]) were treated compared with IV alteplase alone.¹² In HERMES, there is a heterogeneity of treatment methods directed to the proximal extracranial carotid occlusion (no revascularization of the proximal lesion versus angioplasty versus stenting). A retrospective analysis of pooled data from 18 centers examined 305 patients with AIS caused by bifurcal occlusion of the anterior circulation who underwent mechanical thrombectomy (TAN) (Thrombectomy in Tandem Lesions).¹³ The pooled 90-day mortality was 19.7% (95% CI, 9.59–29.2%), achieved an mRS score of 0 to 2, 13.8% had parenchymal hemorrhage, and 13.2% were dead.¹³ Multiple retrospective reports detail the technical success of mechanical thrombectomy for tandem occlusions but do not provide specifics on comparative approaches. No conclusions about the optimum treatment approach for patients with tandem occlusions are therefore possible.

Powers et al. Stroke 2019

How did it end?

Original Investigation | Neurology
Functional and Safety Outcomes of Carotid Artery Stenting and Mechanical Thrombectomy for Large Vessel Occlusion Ischemic Stroke With Tandem Lesions

DESIGN, SETTING, AND PARTICIPANTS This cross-sectional study included consecutive patients with acute anterior circulation TIs admitted across 17 stroke centers in the US and Spain between January 1, 2015, and December 31, 2020. Data analysis was performed from August 2021 to February 2022.

RESULTS Of 685 patients, 623 (mean [SD] age, 67 [12.2] years; 406 [65.2%] male) were included in the analysis, of whom 363 (58.4%) were in the CAS group and 260 (41.6%) were in the nonstenting group. The CAS group had a lower proportion of patients with atrial fibrillation (38 [10.6%] vs 49 [18.8%]).

CONCLUSIONS AND RELEVANCE In this multicenter, international cross-sectional study, CAS of the cervical lesion during MT was associated with improvement in functional outcomes and reperfusion rates without an increased risk of sICH and mortality in patients with TIs.

Diagnosis and management of tandem occlusion in acute ischemic stroke
 Antonio Di Donna¹, Gianluca Muto¹, Flavio Giordano¹, Massimo Muto¹, Gianluigi Guarneri¹, Giovanna Servillo¹, Antonio De Mase¹, Emanuele Spina¹, Giuseppe Leone²

Advantages of stent CAS stenting:
 - Low risk of stroke recurrence
 - Proven long-term safety
 - Reversal of haemodynamic disturbance

Disadvantages of stent CAS stenting:
 - High hardware risk
 - High risk of distal embolization
 - Risks of antithrombotic treatment

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KEY POINTS FOR CAS SUCCESS

- ✓ Adjuvant medical therapy
- ✓ Access route
- ✓ Stent design
- ✓ Pre and post-dilation
- ✓ Cerebral protection device
- ✓ Hospital/operator volumes and experience

STENT DESIGN

Systematic Review
Clinical Outcomes of Second- versus First-Generation Carotid Stents: A Systematic Review and Meta-Analysis

Adam Mazurek^{1-*}, Krzysztof Malinowski², Kenneth Rosenfield³, Laura Capocella⁴, Francesco Speziale⁴, Gianmarco de Donato⁵, Carlo Setacci⁶, Christian Wissgott⁷, Pasquale Sirignano⁸, Lukasz Tekieli⁷, Andrey Karpenko⁹, Wacław Kuczmik⁹, Eugenio Stabile¹⁰, David Christopher Metzger¹¹, Max Amor¹², Adnan H. Siddiqui¹³, Antonio Micari¹⁴, Piotr Pieniżek^{1,7}, Alberto Cremonesi¹⁵, Joachim Schofer¹⁶, Andrej Schmidt¹⁷ and Piotr Musiałek^{1,8-17} on behalf of CARMEN (Carotid Revascularization Systematic Reviews and Meta-Analyses) Investigators

	PCS	SCS	Carotid Stentless	Carotid Stent	Carotid Stent
Stroke (95% CI)	3.05 (2.87-3.20)	6.60 (5.28-8.02)	6.30 (5.07-7.76)	2.89 (2.69-3.10)	0.54 (0.17-1.92)
Stroke Disability (95% CI)	4.11 (3.49-4.90)	5.89 (4.41-7.90)	5.50 (4.41-6.90)	4.62 (4.29-4.95)	1.58 (0.17-3.00)
Stroke Mortality (95% CI)	3.58 (2.83-4.50)	6.27 (4.41-8.72)	6.26 (4.41-8.72)	3.97 (3.28-4.72)	1.86 (0.18-3.55)
Stroke Mortality (95% CI)	6.19 (5.63-6.79)	8.52 (6.21-11.23)	8.26 (6.21-11.23)	7.96 (6.21-11.23)	2.96 (0.18-5.75)

Mazurek A, Malinowski K, et al. | Clin Med 2023

Transcervical Carotid Stenting With Dynamic Flow Reversal Demonstrates Embolization Rates Comparable to Carotid Endarterectomy

Maarten Plessers, MSc^{1,2}, Isabelle Van Herzele, MD, PhD¹, Dimitri Hemelsoet, MD¹, Nikil Patel, PhD¹, Emma M. L. Chung, PhD¹, Guy Vingerhoets, PhD¹, and Frank Vermassen, MD, PhD²

Figure 1. (A) Mean number of discrete emboli for each group in each phase. (B) Mean duration of embolic showers for each group in each phase.

Plessers et al. | J Endovasc Surg 2016

CONCLUSIONS

According to guidelines (based on syst rev of RCTs) a symptomatic carotid plaque should be **best treated by CEA**

Nevertheless, common practice is that tandem (intra and extracranial) lesions are being treated simultaneously by **MT and CAS**

Carotid revascularization in **tandem lesions** represents a "meeting point" for different specialties (neurology, neuroradiology, vascular surgery) and an issue to work on together to possibly **develop unified guidelines**

Stroke **EVT** is becoming more and more **widespread** and more stroke specialists **will be needed in the near future**

