


It's all about the patients
Putting Patients First in Vascular Access

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MEI Mission:
 Empower people with chronic disease to manage and improve their health.



No Finan

First Patients I Met: Terry & Meg




40% of Key Health Outcomes are Patient Driven

Figure 1
 Impact of Different Factors on Risk of Premature Death

Factor	Percentage
Individual Behavior	40%
Genetics	30%
Social and Environmental Factors	20%
Health Care	10%

SOURCE: Schroeder, SA. (2007). We Can Do Better — Improving the Health of the American People. NEJM. 357:1221-8.

Importance of Control

"It's all about control. Take away a patient's sense of control over his life, and you have hurt him more than any injury or disease.

Give him BACK that sense of control—and you have helped him more than any drug or Therapy. He can make miracles happen."

Gregory White Smith

How Can YOU Give Patients Control?

1. Help them match their treatment to their goals
2. Help them understand access
3. Empower them to self-cannulate




Help Your Patients Match Their Treatment to Their Life Goals

Español

Kidney disease care
Use this free tool to
comfort care may i
Your treatment is y
right treatment for



My Life Plan
Plan of the non-profit



Help Your Patients Understand Access

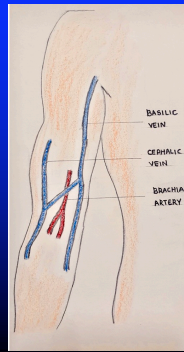
- ★ What IS it?
- ★ Why do I need one?
- ★ How do care for it?
- ★ How will it be used?
- ★ Wait, big needles?!!
- ★ Will it fix my kidneys?



Kyle: Army Colonel, Technical Writer, Teacher
Started dialysis at 65 and is now 93

Help Your Patients Understand Access

- ★ Ask "Which hand do you do tasks with?" (not just write)
- ★ PRINTED aftercare sheets
- ★ Cannulation maps
- ★ Your after-hours number



Patient Information

Care of your arteriovenous fistula (AVF) after surgery

This leaflet explains how to care for your fistula, which is a join made between an artery (which normally brings blood from your heart) and a vein (which normally returns blood to your heart) in your arm. Your doctor will have discussed your need for a fistula with you.

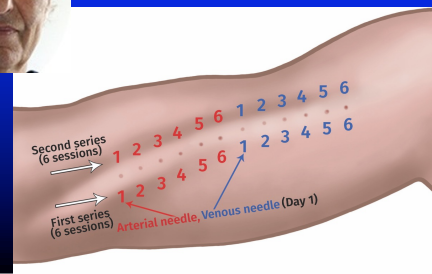
How long will my wound take to heal?

- Your wound will take 10-14 days to heal.
- We advise that the dressing stay dry for at least three days before being changed. You will be given several spare dressings.
- Keep your wound covered for seven days.

Empower Your Patients to Self-cannulate



Ant DeVilliers – Marketing manager, Husband, father, surfer, artist



Empower Your Patients to Self-cannulate



- ★ CMS gives patients the right to self-cannulate¹
- ★ Stages: 1. Control, 2. Confidence, 3. New norm.²
- ★ Benefits: 1. Less pain, higher self-esteem, longer lasting accesses
- ★ Teach ALL patients about right/wrong technique

1. Brouwer D. *NDT Plus*. 2011, 4(Suppl 3): iii21-iii22
2. Duncanson E et al. *J Renal Care*. 2023, 50(3):241-251

Take Aways

1. Help patients match a treatment to *their* goals
2. Help them understand what an access is/does
3. Teach them cannulation patterns and empower them to self-cannulate if they are able

Español

My Kidney Life Plan
Plan of the non-profit

Kidney disease can affect every part of your life. Use this free tool to see how dialysis, transplant, or comfort care may impact your life. Your treatment is your choice, we can help you choose the right treatment for YOU.

What brings you here today?

