

Quick Case 2: What Would You Do (Cosmetic-ish)?

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Disclosure.

Dr. Janna Bentley, Faculty/Presenting Author for this educational event, has no relevant financial relationships with ineligible companies to disclose.



Dr. Pauline Raymond-Martimbeau
Rest in Peace.

Photo courtesy of the Société Française de la Phlébologie

Case

- 51 yo nurse presents for treatment of her varicose veins; prior sclerotherapy
- PM/SHx: hypothyroidism; endometrial ablation, parathyroidectomy
- FHx: dad SVI
- BMI 25.1; Caprini 2



PEx
u/s: incompetent perforator
CEAP 2



Tx May 2023

- Ultrasound-guided foam sclerotherapy into afferent vein
 - 0.6% STS foam X 3cc
- No issues
- Liquid sclerotherapy to smaller veins



August 2023

- Called vein clinic
- Concerned about redness
- Developed over W/E
 - URTI
 - Full body urticaria



August 2023

- ?delayed impending necrosis
 - *Septocutaneous versus Musculocutaneous Arterioles*
- Stellate pattern- ?intraarterial
- Perforators are risky



- After one week of antihistamines
- u/s showed
 - closed perforator
 - sclerosed veins underlying erythematous streaks
- Given tapering course prednisone for one month





Take home messages:

- Important to see the patient in person
- Get the history
- Mindful of risky areas for treatment
- Things do not always seem as they appear; first appearances are deceiving

Thank-you.

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