

**Does Reducing Venous Hypertension By Ablation Or Venous Stenting “Cure” Edema In Patients With Advanced CVI (C3 – C6) ?**

*Thomas F. O'Donnell Jr. M.D*  
*Benjamin Andrews Emeritus Professor & Chair of Surgery*  
*Tufts University School of Medicine*

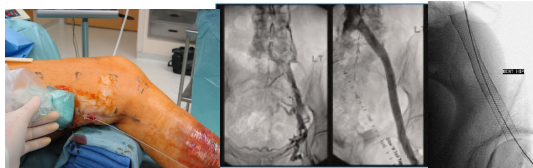


**DISCLOSURES**

**No Conflicts**

\*Previously Consultant for Tactile Medical (Ended May 31, 2023)  
 \*Only approved uses of pharmaceuticals or devices will be discussed

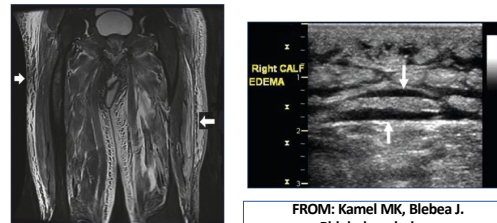
**INTERVENTIONAL MODALITIES TO REDUCE VENOUS HYPERTENSION**



**ENDOVENOUS ABLATION**

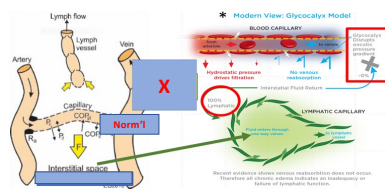
**OUTFLOW STENTING**

**CONSEQUENCES OF VENOUS HYPERTENSION  
 EDEMA FORMATION**

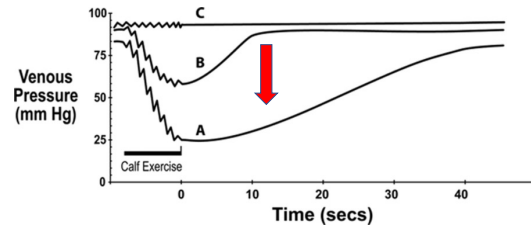


FROM: Kamel MK, Biebea J. Phlebolympology 2020;27: 3 - 10

**TARGET OF INTERVENTIONS  
 ELIMINATE LYMPHEDEMA**



**NORMALIZATION OF VENOUS PRESSURE WITH INTERVENTION\***



\*Burnand KG, O'Donnell TF, Browse NL. . Surgery 1977;82:9-14

### THE EFFECT OF ENDOVENOUS ABLATION ON EDEMA IN C3 CVI

- 528 C3 Limbs → 92 (17%) with 130 ablations responded to a survey ~ 1500 days post EVA
- SWELLING NOW
  - NONE 60%
  - FOOT & ANKLE ONLY 10%
  - LEG 29% BK 17%
  - AK 12.5%
- WEARING ECS 90%

\*Shutze W, et al, *Phlebology*. 2019;34(6):391-398.

### THE IMPACT OF OUTFLOW STENTING ON EDEMA

STUDY/ YEAR	LIMBS #	PRE EDEMA GRADE	POST Rx EDEMA	EDEMA GRADE	LSG RESULT
RAJU (2001)	17 EDEMA GRADE + LSG	ALL GRADE 3	41% GRADE 3	20% NORMAL	18% NORMAL
JAVARAJ (2021)	118 C4 - C6	ALL GRADE 3	36% GRADE 3 → MLD/PCD	64% GRADE 1 → NO MLD/PCD	.....
QIU (2019) SYSTEMATIC REVIEW	504 → 7 STUDIES	.....	58% ONLY 2 STUDIES	.....	.....

### Chronic Venous Insufficiency Associated Lymphedema and the Prevalence of Persistent Edema After Venous Intervention – A “BIG DATA” STUDY\*

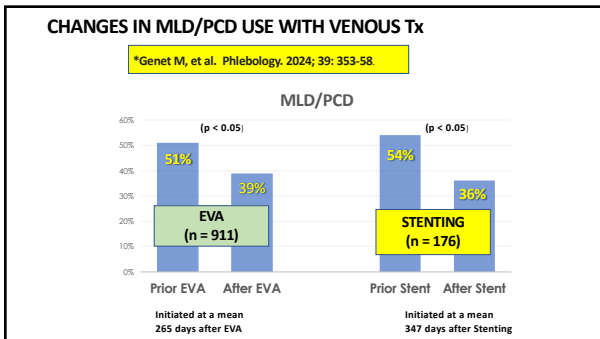
- 85,601 LED Patients identified from IBM-MarketScan Database → 8,406 (9.8%) Coexisting CVI + LED
- Mean age 67, 55% female
- Ulceration in 607 (58%) of those undergoing intervention → most patients had **advanced** CVI

\*Genet M, Labropoulos N, Gasparis A, O'Donnell Jr TF, Desai K, *Phlebology*. 2024; 39: 353-58.

### CVI-LED PROPORTION UNDERGOING VENOUS INTERVENTIONS

- 1,051 (13%) underwent venous interventions (mean post-op follow-up 751 days)
- 911 endovenous ablation
- 176 venous stent placement

VENOUS INTERVENTION  
 ■ EVA ■ Venous Stent



### Conclusions

- Venous interventions in 8,406 patients with advanced CVI-LED was reported in only 1051 (13%)
- Treatment of CVI within the context of LED improved venous-related symptoms
- Despite addressing venous hypertension, edema that required MLD/PCD persisted in up to 40% of patients
- Significant treatment delay for LED occurs following venous intervention – secondary lymphedema appears to be **poorly recognized**
- “Does Reducing Venous Hypertension By Ablation Or Venous Stenting “Cure” Edema In Patients With Advanced CVI (C3 – C6) ?”

**NO**