

**VEITH SYMPOSIUM**  
Connecting The Vascular Community

MIAMI VEIN Jose I. Almeida, M.D. *Chapman Institute*  
TopLine MD Alliance

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IVC MIAMI  
Vein Global

SVS Society for Vascular Surgery

**Appropriate Patient Selection For Vein Stenting**

**Jose I. Almeida, MD, FACS, RPVI, RVT**  
Founder, Miami Vein  
Voluntary Professor of Surgery  
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University of Miami Miller School of Medicine

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**Nothing To Disclose**

**Iliac Vein Compression**  
May-Thurner Syndrome, NIVL

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**To much attention on Poiseuille**  
**Conductance  $\approx 4^{th}$  Power of Radius**

$F = (\pi/8) \times (L/\pi) \times (r^4/L)$

**50% ?**

Vessel Segment	Diameter	Area
CV	16 mm	200 mm <sup>2</sup>
EV	14 mm	150 mm <sup>2</sup>
CFV	12 mm	110 mm <sup>2</sup>

Raju S, et al. JVSU 2017 Nov;5(6):864-874

50% Stenosis Cut-Off Point For Iliac Vein Lesions: Any Evidence?

**The Poiseuille Equation**

*Critical Venous Stenosis – The degree of stenosis associated with an increase in upstream pressure*

$$\Delta P = 128\mu Q / \pi D^4$$

*Deviations from idealized Poiseuille conditions*

- Veins are compliant NOT rigid tubes
- Veins are elliptical NOT circular at low transmural pressures
- Blood is a non-Newtonian fluid
- Flow rate is not steady, but varies with respiration

*GREAT for plumbers and civil engineers NOT so great for doctors and patients*

IVC Community Podcast

**CEAP CLASSIFICATION SYSTEM**

H & P

CEAP

C1 C2 C3 C4 C5 C6

CVD CVI

From the Midwestern Vascular Surgical Society

### Iliac vein compression in an asymptomatic patient population

Melina R. Kibbe, MD, Michael Ujiki, MD, A. Lee Goodwin, RT(R)(CT), Mark Eskandari, MD, James Yao, MD, and Jon Matsumura, MD, *Chicago, Ill*

**Objective:** May-Thurner syndrome is a well-recognized anatomic variant that is associated with the development of symptomatic acute venous thrombosis of the left iliac vein. However, the natural frequency of compression of the left iliac vein and its clinical significance in asymptomatic disease has not been established. Therefore the purpose of this descriptive anatomic study was to determine the incidence of left common iliac vein compression in an asymptomatic population.

**Methods:** A retrospective analysis of medical records and helical abdominal computed tomography scans was conducted in 50 consecutive patients evaluated in the emergency department because of abdominal pain. Medical records were reviewed for symptoms and risk factors for deep venous thrombosis, and data were collected and reported according to the Joint Society Reporting Standards for acute lower extremity venous thrombosis. All computed tomography was performed with intravenous contrast medium, and 2-mm to 5-mm axial images were obtained. The minor diameter of the common iliac arteries and veins was measured. The technique of transverse image measurement was validated with multiplanar reconstructions and orthogonal diameter measurements in a subset of subjects. Statistical analysis was performed with the Student *t* test or Spearman rank correlation.

**Results:** Mean age of subjects without symptoms was 40 years (range, 19-85 years), and 60% (n = 30) were female patients. The mean acute lower extremity venous thrombosis risk factor score was  $1.16 \pm 0.23$  (range, 0-6; maximum possible score, 28). It was surprising that 24% (n = 12) of patients had greater than 50% compression and 66% (n = 33) had greater than 25% compression. Mean compression of the left common iliac vein was 35.5% (range, -5.6%-74.8%). The structure most often compressing the left common iliac vein against the vertebral body was the right common iliac artery (84%). There was no strong correlation between patient age or common iliac artery size and compression of the left common iliac vein. However, women had greater mean compression of the left common iliac vein (women,  $41.2\% \pm 3.1\%$ ; men,  $27.0\% \pm 3.0\%$ ;  $P = .003$ ).

**Conclusion:** Hemodynamically significant left common iliac vein compression is a frequent anatomic variant in asymptomatic individuals. Therefore compression of the left iliac vein may represent a normal anatomic pattern that has thus far been thought of as a pathologic condition. (*J Vasc Surg* 2004;39:937-43.)

$\% >50\%$   
2/3 >25%

### ARTICLE HIGHLIGHTS

- Type of Research:** Retrospective cohort study
- Take Home Message:** In 510 patients, 278 with left-sided lower extremity deep venous thrombosis (DVT), left iliac vein (LIV) compression was associated with left iliac DVT (odds ratio, 1.88; 95% confidence interval, 1.64-2.15;  $P < .01$ ) but not with infrainguinal DVT (odds ratio, 0.89; 95% confidence interval, 0.76-1.03;  $P = .126$ ). Mean compression of the LIV in left iliac DVT patients was higher than in non-DVT patients ( $74.64\% \pm 0.99\%$  vs  $53.42\% \pm 1.49\%$ ;  $P = .01$ ), whereas mean percentage compression of the LIV in infrainguinal DVT patients ( $45.37\% \pm 2.71\%$ ) was less than in the non-DVT patients ( $P < .01$ ).
- Recommendation:** Iliofemoral DVT is most likely a result of infrainguinal DVT extension in the presence of LIV stenosis, but LIV stenosis itself is not associated with infrainguinal DVT. Treatment of LIV stenosis to prevent infrainguinal DVT is not recommended.

Hua Tang, MD, and

ion had similar correlation  
inal DVT (without iliac vein  
es was conducted of 278  
ntrol patients without DVT  
VT were investigated using  
as significantly higher than  
LIV in left infrainguinal DVT  
< .01). LIV compression was  
>25% ( $P < .01$ ) for each 10%  
ed with increased odds of  
ial DVT patients did LIV  
e with the presence of

J Vasc Surg: Venous and Lym Dis 2018;6:689-95

### Is this NIVL real?

We stent 4% NIVLs

### PTS

### Stent Patency

Nasifin P. *J Vasc Surg*. 2007;46(5):979-990

### Noninvasive measurement of lower limb outflow resistance and implications for stenting

A. Nicolaidis, O. Maletti, M. Lugli, S. Guerzoni

Lifelong AC required in most stented PTS cases

**CONCLUSION:** The noninvasive measurement of  $LOR_{leg}$  provides a quantitative estimation of overall lower  $LOR$ . It can indicate which limbs are compensated by the development of a good collateral circulation and which are not. The combination of  $LOR_{leg}$  with VFI enables the clinician to determine the relative contribution of reflux and obstruction in individual limbs. A low  $LOR_{leg}$  in the presence of severe iliac stenosis or occlusion is an indication of a well-developed collateral circulation and suggests that stenting would provide little benefit if any. However, this hypothesis needs to be verified by future prospective studies.

Nicolaidis A. *Vasc Invest Ther* 2019;2:88-94

Jalaie H, AVF 2022


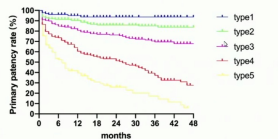
### Classification

Check for updates

#### Interventional treatment for post-thrombotic chronic venous obstruction: Progress and challenges

Mohammad E. Barabati, MD,<sup>1</sup> Efthymios D. Angelinos, MD,<sup>2</sup> Domenico Baccellieri, MD,<sup>3</sup> Suat Doganci, MD,<sup>4</sup> Michael Lichtenberg, MD,<sup>5</sup> and Hourman Jalaie, MD,<sup>6</sup> Aachen, Germany; Athens, Greece; Milan, Italy; Ankara, Turkey; and Amsberg, Germany

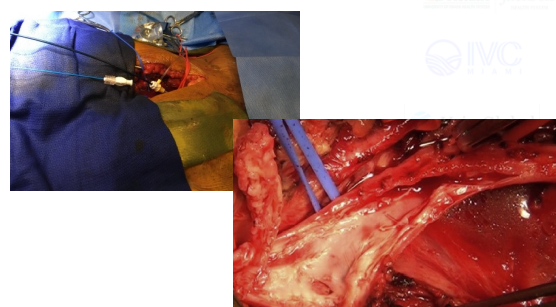
**ABSTRACT**  
Chronic venous obstruction, including nonthrombotic iliac vein lesions and post-thrombotic syndrome, presents a significant burden on patients' quality of life and health care systems. Venous recanalization and stenting have emerged as promising minimally invasive approaches, yet challenges in patient selection, procedural techniques, and long-term outcomes persist. This review synthesizes current knowledge on the interventional treatment of post-thrombotic syndrome, focusing on the evolution of endovascular techniques and stenting. Patient selection criteria, procedural details, and the characteristics of dedicated venous stents are discussed. Particular emphasis is given to the role of inflow and other anatomical considerations, along with postoperative management protocols for an optimal long-term outcome. *J Vasc Surg Venous Lymphat Disord* 2024;12(10):1910.

1) type1  
2) type2  
3) type3  
4) type4  
5) type5

2) Endovascular + Stenting into the DFV / cranial to DFV  
2) Endovascular + Stenting into the PV / cranial to DFV  
2) Endovascular + Recanalization of the TV down to PV

### Hybrid – Open Endovenectomy Femoral Endovenous Iliac Stent



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1. Until we get better studies, stenting should be symptom driven
2. Imaging aids diagnosis and procedure planning

**THANK YOU !**