

TABLE 1. Treatment and Survival Outcomes Blunt Thoracic Aortic Injuries, All SVS Grades

SVS Grade	Aortic-Related Death Before Opportunity for Repair	MM Alone	Open Repair	TEVAR
I (n = 67)	0% (0/67)	91.0% (61/67)	0% (0/67)	9.0% (6/67)
II (n = 53)	0% (0/53)	61.5% (32/53)	0% (0/53)	33.9% (20/53)
III (n = 140)	0.7 (1/140)	11.4% (16/140)	1.4% (2/140)	86.4% (121/140)
IV (n = 37)	16.2% (6/37)	2.7% (1/37)	10.8% (4/37)	70.3% (26/37)
All BTAI (N = 296)	2.4% (7/296)	28.0% (83/296)	2.0% (6/296)	58.4% (173/296)

Minimal aortic injuries (SVS Grade 1 and 2) undergo TEVAR in 40% of patients. When compared with those patients managed medically, however, there appear to be no difference in subsequent outcomes except an increase in complications related to the conduct of TEVAR itself.

These findings suggest that the current SVS guidelines for BTAI management warrant revision and greater emphasis should be used to highlight the safety of an MM first strategy for MAIs.

BTAI In Pediatric Patients

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Lower rates of BTAI in kids compared to adults*

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- CT of the chest — In children, the frequency of cardiac and great vessel injury is low [23], and the risk of missing such an injury may be less than the risk of radiation exposure from CT [24-26]. For these reasons, the routine use of chest CT in children with major trauma but a normal anteroposterior CXR is not indicated and may be harmful. For example, in a children's hospital database study of over 120,000 pediatric trauma patients who received chest CTs (40 percent of admitted trauma patients), there were 2 thoracic aortic injuries found per 10,000 chest CTs [24].
- For children with major thoracic injury, contrast chest CT rarely changes management compared with CXR alone [27]. For example, in two large observational studies, chest CT in addition to CXR altered management in <1 percent of pediatric patients with blunt chest injury [28,29].

Minimal TBAI may be underdiagnosed in pediatric population

BTAI In Pediatric Patients

When should they undergo invasive treatment?

BTAI In Pediatric Patients

When should they undergo invasive treatment?

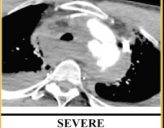
MODERATE

- External contour abnormality or intimal tear >10mm

Semi elective repair
Stabilization of concomitant injuries
Impulse control

BTAI In Pediatric Patients

When should they undergo invasive treatment?



SEVERE

Immediate repair
BTAI takes priority over all other injuries

- Active extravasation
- LSA hematoma >15mm

BTAI In Pediatric Patients

When endo?
When open?

SOCIETY FOR VASCULAR SURGERY® DOCUMENTS

Endovascular repair of traumatic thoracic aortic injury: Clinical practice for Vascular Surgery

Issue 3: Choice of repair in the young—TEVAR vs open. There was near unanimity of opinion that anatomic suitability is important for TEVAR but **age should not be a factor in deciding the type of repair.** The risks of death and spinal cord ischemia are significantly lower in all age groups after endovascular repair compared with open surgery.^{1,3-15} and these early benefits outweigh the concerns of potential late complications. However, in surgically fit patients with poor anatomy for endovascular repair, conventional open repair should be considered.

BTAI In Pediatric Patients

National Trends of Thoracic Endovascular Aortic Repair versus Open Thoracic Aortic Repair in Pediatric Blunt Thoracic Aortic Injury



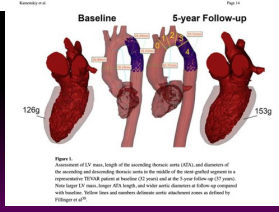
Background: Blunt thoracic aortic injury (BTAI) occurs in ~1% of trauma admissions. Thoracic endovascular aortic repair (TEVAR) has become the preferred treatment modality in adult patients with BTAI, but its use in pediatrics is currently not supported by device manufacturers and lacks United States Food and Drug Administration approval. We hypothesized that there would still be an increased use of TEVAR in the pediatric population, thus conferring a lower rate of mortality compared with open thoracic aortic repair (OTAR).

Methods: The National Trauma Data Bank (2007-2015) was queried to identify <17 years old patients. The primary outcomes were the incidence of TEVAR and OTAR. Secondary outcomes were rate of mortality in those undergoing intervention. A multivariate logistic regression model was used to determine the risk of mortality in OTAR versus TEVAR.

Results: We identified 550 pediatric BTAI patients with 150 (27.3%) undergoing intervention. Of those, 150 underwent TEVAR (100%) and 50 (22.2%) underwent OTAR. The rate of TEVAR increased from 2007 to 2015 (14.4% vs. 37.7%, $P < 0.001$). Patients receiving OTAR and TEVAR had a similar injury severity score and rate of hospitalization on admission (17.5 vs. 20.0). Compared with OTAR, TEVAR patients had a higher rate of day 30 mortality (14.7% vs. 27.7%, $P = 0.020$) and shorter hospital and intensive care unit length of stay (LOS) (14.4 vs. 21.4 days, $P = 0.020$; 10.1 vs. 12.1 days, $P = 0.011$). TEVAR and OTAR, even when stratified by <14 years and 14-17 years, had no difference in risk for mortality when LOS, intensive care unit LOS, or LOS were used as the primary outcome in our multivariate model. The use of TEVAR was associated with a higher rate of mortality in our multivariate model when using LOS as the primary outcome. TEVAR was associated with a shorter hospital LOS despite a higher rate of LOS. There was no difference in risk for mortality between TEVAR and OTAR. Large-scale trials are needed to determine the long-term efficacy and complication rates, including reintervention, development of aneurysm, and/or need for further operations, are needed as the technology is being widely adopted for pediatric trauma patients.

BTAI In Pediatric Patients

Endovascular Repair of Blunt Thoracic Aortic Trauma is Associated With Increased Left Ventricular Mass, Hypertension, and Off-target Aortic Remodeling



Background: Blunt thoracic aortic injury (BTAI) is a life-threatening condition. Endovascular repair (TEVAR) is a minimally invasive approach, but its long-term effects on the cardiovascular system are unclear. We hypothesized that TEVAR would be associated with increased left ventricular mass (LVM), hypertension, and off-target aortic remodeling.

Methods: We identified 100 pediatric BTAI patients who underwent TEVAR. We compared their LVM, blood pressure, and aortic remodeling at baseline and 5-year follow-up. We used echocardiography to measure LVM and aortic diameter. We used CT angiography to measure aortic remodeling.

Results: At baseline, the mean LVM was 120g and the mean aortic diameter was 12.0mm. At 5-year follow-up, the mean LVM was 150g and the mean aortic diameter was 13.5mm. There was a significant increase in LVM and aortic diameter over time. There was also a significant increase in the number of off-target aortic remodeling sites over time.

BTAI In Pediatric Patients

Impact of thoracic endovascular aortic repair following blunt traumatic thoracic aortic injury on blood pressure

Characteristic	BTAI patients (N = 36)
Age, y, mean ± SD	41.2 ± 12.9
Sex, % female	11.5
BMI, m ² , mean ± SD	1.95 ± 0.23
Smoking, %	56
Dyslipidemia, %, mean ± SD	31
Chronic kidney disease, %, mean ± SD	0
TEVAR characteristics, mean ± SD	
TEVAR proximal diameter, mm	25.4 ± 3.3
TEVAR distal diameter, mm	20.0 ± 3.5
Proximal coverage at discharge, %	20.0 ± 4.3
TEVAR distal diameter, mm	21.0 ± 3.4
Distal coverage at surgery, %	42.8 ± 21.8
Distal coverage at discharge, %	36.6 ± 17.5
TEVAR length, mm	126.2 ± 24.9
TEVAR exposure, mm	130.2 ± 49.7
Proximal ending, n plane	10.6 ± 2.4
Distal ending, n plane	22.1 ± 1.2

BTAI In Pediatric Patients

Impact of thoracic endovascular aortic repair following blunt traumatic thoracic aortic injury on blood pressure

Characteristic	No HT (N = 9)	HT (N = 17)	P value
Age, y, mean ± SD	46.3 ± 11.4	42.0 ± 13.8	.339
Sex, % female	22.2	5.9	.268
BMI, m ² , mean ± SD	1.87 ± 0.18	1.99 ± 0.24	.281
Smoking, %	44.4	67.1	.683
Dyslipidemia, %	33.3	29	.587
Chronic kidney disease, %	0	0	-
Time of HT diagnosis, mo, mean ± SD	59.3 ± 47.5	-	-
TEVAR characteristics, mean ± SD			
TEVAR proximal diameter, mm	25.4 ± 4.0	25.4 ± 3.4	1.000
Proximal coverage at surgery (%)	19.3 ± 11.3	22.4 ± 8.5	.312
TEVAR distal diameter, mm	21.1 ± 11.1	20.4 ± 7.8	.800
Distal coverage at surgery, %	24.4 ± 13.3	25.3 ± 1.5	.297
Distal coverage at discharge, %	31.2 ± 14.3	48.9 ± 22.9	.046
TEVAR length, mm	21.4 ± 16.9	29.2 ± 17.8	.316
TEVAR exposure, mm	123.3 ± 29.0	126.0 ± 25.3	.525
TEVAR exposure, mm	112.5 ± 76.6	124.2 ± 67.9	.833
Proximal ending, n plane	12.2 ± 4.1	9.2 ± 1.2	.626
Distal ending, n plane	22.3 ± 1.5	21.0 ± 1.1	.597

BTAI In Pediatric Patients

Cook et al Thorax

Impact of thoracic endovascular aortic repair following blunt traumatic thoracic aortic injury on blood pressure

RESULTS

Compared to healthy subjects, BTAI patients have

<p>↑ proximal aorta diameter</p> <p>↑ native aorta stiffness</p>	<p>■ cardiac function</p> <p>■ peripheral resistance</p>
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65% of patients had hypertension

• more proximal TEVAR landing zone

• larger TEVAR distal oversizing

J Thorac Cardiovasc Surg. 2023 Jul 22;167(2):222-232. doi:10.1056/jtcvs.2023.01.078. Online ahead of print.

BTAI In Pediatric Patients

Technical tips and precautions

Place graft as distally as possible-ideally, distal to left subclavian

Consider tapered grafts

Access vessels: be prepared for iliac injuries

BTAI In Pediatric Patients

Even as there is limited data regarding management of TBAI in pediatric patients, TEVAR is a safe option for patients with moderate and severe BTAI

Consider placing stent graft as distally as possible

Adhesion to follow up protocols in pediatric patients is imperative- what are the long-term implications of TEVAR in pediatric patients?

BTAI In Pediatric Patients

Minimal blunt aortic injuries do not need surgical repair- there is no role for TEVAR in pediatric patients with minimal injuries

