

## Atherectomy In Patients With CLTI, ISR And Diabetes: When Is It Helpful; How Durable Is It: Which Devices Are The Best

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## Disclosures

- **Speaker and consultant:**
  - COOK Medical™, Boston Scientific™, Servier, Bayer, Boehringer, Merck Serono, Essity, Sigvaris.

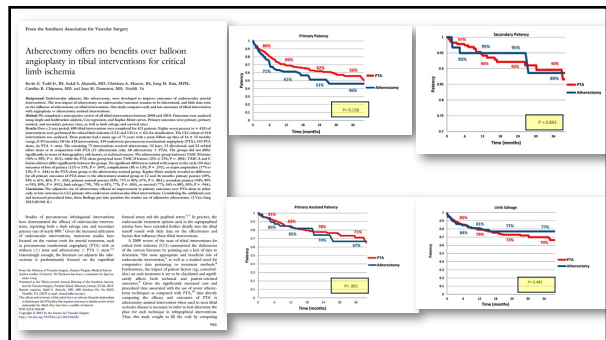
## Atherectomy solves clinical problems

### Characteristics of the lesion

- Calcium
- In-stent restenosis
- Chronic Total Occlusions (OCTs)
- Soft Plaque
- Thrombus (thrombectomy)

### Objectives of the procedure

- Avoiding stenting
- Preparing the vessel
  - Release the drug
  - Modify the compliance of the vessel
  - Gain lumen



## Effectiveness and Safety of Atherectomy

*J Vasc Interv Radiol 2023; 34:428-435*

**Atherectomy group: 1,454 patients (2,183 arteries)**

- Orbital Atherectomy: 65.5%
- Excisional Atherectomy: 19.9%
- Laser Atherectomy: 14.6%

**Angioplasty group: 1,454 patients (2,141 arteries)**

## Effectiveness and Safety of Atherectomy

	Atherectomy		POBA		P value
	Data	n <sup>a</sup>	Data	n <sup>a</sup>	
Technical success	92.9	1,438	91.0	1,441	.06
Stent use	4.5	1,450	6.3	1,451	.03
Arterial dissection	2.3	1,407	2.5	1,428	.67
Artery perforation	1.3	1,447	0.6	1,448	.06
Distal embolization	1.2	1,445	1.1	1,448	.73
Hematoma	2.8	1,445	2.6	1,450	.72
In-hospital mortality	0.8	1,454	0.6	1,454	.85
30-d mortality	1.7	1,454	1.9	1,454	.78
Contrast volume (mL)	103.6 ± 65.7	1,415	86.7 ± 58.3	1,413	<.001
Fluoroscopy time (min)	24.9 ± 16.9	1,384	20.3 ± 15.4	1,366	<.001

	Number of patients	Laser (%)	Orbital (%)	Excisional (%)	P value
Technical success	1,438	90.8	92.6	93.9	.18
Stent use	1,450	4.0	4.7	4.8	.67
Artery dissection	1,407	2.6	2.1	2.5	.89
Artery perforation	1,447	1.0	1.3	1.8	.84
Distal embolization	1,445	0	1.9	0.1	.35
Major amputation	1,454	8.7	3.8	3.9	.01
Minor amputation	1,454	2.9	2.8	3.5	.83
Any amputation	1,454	11.1	6.3	6.5	.04
Primary patency	1,106	52.8	55.2	65.1	.01
Target vessel revascularization	792	14.7	21.3	11.1	.03

### Effectiveness and Safety of Atherectomy

*J Vasc Interv Radiol 2023; 34:428-435*

**Effectiveness and Safety of Atherectomy versus Plain Balloon Angioplasty for Limb Salvage in Tiroperone Arterial Disease**

Major amputation-free survival %

Survival time since index procedure (months)

No. at risk (No. censored)

Atherectomy	1454 (507)	894 (259)	515 (262)	231 (117)	103 (46)	53 (42)	6(9)
POBA	1454 (526)	923 (259)	545 (266)	262 (125)	130 (82)	38 (35)	0(0)

Log rank P = 0.9

### Directional Atherectomy

**Atherectomy in below-the-knee endovascular interventions: One-year outcomes from the XLPAD registry**

Rescue Thad MD<sup>1,2</sup> | Heung-Joon Seoung MD<sup>1,2</sup> | Evn J. Anning MD<sup>1,2</sup> | Andrew Bates MD<sup>1,2</sup> | Luke Taylor MD<sup>1,2</sup> | Jason W. Edwards MD<sup>1,2</sup> | Adam Rosenthal MD<sup>1,2</sup> | Helen Cho-Fan MD<sup>1,2</sup> | Kenneth S. Bales MD PhD<sup>1,2</sup> | John Nelson MD<sup>1,2</sup>

Limb salvage rates at 1 year

• Atherectomy group had a significantly lower 1-year CD-TLR rate than the no atherectomy group (8.4% vs 9.5%, P < 0.01; Supporting

• Limb salvage rates >85% at one year.

• Procedural success >95%

• Restenosis <25%, better than plain angioplasty.

• MACE <15%

• Conclusion: Atherectomy improves patency and limb salvage, offering superior outcomes over angioplasty alone.

### Systematic Review of Atherectomy and Intracoronary Stenting with or without Balloon Angioplasty in Below-the-Knee Lesions

Author, year	Study type	Original cohort	Primary endpoint	Need for revascularization	Distal embolization	Pat and safety
Sharma, 2022	Prospective	ATN vs POBA	MACE vs MACE, p = 0.95	RA vs RA, p = 0.95	RA vs RA, p = 0.95	RA vs RA, p = 0.95
Yoon, 2021	Retrospective	ATN vs POBA	RA vs RA, p = 0.95	RA vs RA, p = 0.95	RA vs RA, p = 0.95	RA vs RA, p = 0.95
Ma, 2018	CD-TLR	ATN vs POBA	RA vs RA, p = 0.95	RA vs RA, p = 0.95	RA vs RA, p = 0.95	RA vs RA, p = 0.95
Choi, 2018	CD-TLR	ATN vs POBA	RA vs RA, p = 0.95	RA vs RA, p = 0.95	RA vs RA, p = 0.95	RA vs RA, p = 0.95
Sharma, 2021	TLR	ATN vs POBA	RA vs RA, p = 0.95	RA vs RA, p = 0.95	RA vs RA, p = 0.95	RA vs RA, p = 0.95
Sharma, 2021	Patency	ATN vs DCB	RA vs RA, p = 0.95	RA vs RA, p = 0.95	RA vs RA, p = 0.95	RA vs RA, p = 0.95
Yang, 2021	MACE	ATN vs DCB	RA vs RA, p = 0.95	RA vs RA, p = 0.95	RA vs RA, p = 0.95	RA vs RA, p = 0.95

Fig. 2. Reported acute outcomes of atherectomy (ATN) with or without balloon angioplasty vs balloon angioplasty alone in infrapopliteal lesions. CD-TLR: clinically driven target lesion revascularization; DCB: drug-coated balloon; MACE: major adverse events; MALE: major adverse limb events; POBA: plain old balloon angioplasty; TLR: target lesion revascularization.

### A Systematic Review and Meta-analysis of Atherectomy Plus Balloon Angioplasty Versus Balloon Angioplasty Alone for Infrapopliteal Arterial Disease

Huihui Wu MD<sup>1</sup>, Donghui Zhang MD<sup>1</sup>, Long Zhou PhD<sup>1</sup>, Qing Wang MD<sup>1</sup>, Fan Wang MD<sup>1</sup>, and Bryan Liang MD<sup>1</sup>

CD-TLR (%)

• Atherectomy + BA

• BA alone

• P < 0.05

### Atherectomy+BA vs Balloon Angioplasty alone for infrapopliteal artery occlusive lesions.

**• AE+BA (Atherectomy + BA) reduce:**

- Need for CD-TLR
- Incidence of target limb major amputation at 12-month follow-up.

**• No significant advantages in:**

- The technical success
- Primary patency
- Periprocedural complications
- Distal embolization
- All-cause mortality.

**• AE+DCB (Atherectomy + DCB) shows:**

- Significant benefits in primary patency.
- CD-TLR
- Target limb major amputation rate.

**• Atherectomy + POBA does not.**

- RCTs are needed to confirm these conclusions.

*J Endovasc Ther. 2023 Nov*

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**Orbital Atherectomy for CLI**

Retrospective, single-center study of 89 patients undergoing DCB angioplasty for lifestyle limiting claudication or CLI.

OA was:  
 -Most likely to be used for heavily calcified lesions  
 -Associated with less bailout stenting compared to DCB angioplasty alone.

Catheterization and Cardiovascular Interventions 89:1078-1085 (2017)

Outcome	Group	Number of Risk	0	100	200	300	400
Primary Patency (%)	No Orbital Atherectomy	89	77	49	20	4	
	Orbital Atherectomy	40	24	14	1		
Secondary Patency (%)	No Orbital Atherectomy	89	76	40	20	4	
	Orbital Atherectomy	40	24	22	13	1	

**Directional vs Orbital Atherectomy**

Directional versus orbital atherectomy of femoropopliteal artery lesions: Angiographic and intravascular ultrasound outcomes

Amir Babaei MD, PhD<sup>1</sup> | Michael Hulstai MD<sup>2</sup> | Zulfika Bakirou MD<sup>1</sup> | Valeryia Arutkhva BS<sup>1</sup> | Mitsuki Matsumura BS<sup>2</sup> | Aiko Matsura MD<sup>2</sup>

**DIRECT TRIAL**  
 Stenosis were significantly lower in:  
 -DAS group than in the OAS group following atherectomy (39.5 ± 14.2% vs. 69.8 ± 12.1%, p < 0.001)  
 -Following intervention with a DCB (16.7 ± 12.7 vs. 33.7 ± 16.1%, p < 0.001)

**LASER IN-STENT Stenosis**

Treatment of Chronic SFA In-Stent Occlusion With Combined Laser Atherectomy and Drug-Eluting Balloon Angioplasty in Patients With Critical Limb Ischemia: A Single-Center, Prospective, Randomized Study

Journal of Endovascular Therapy Volume 20, Issue 6 Dec 2013

**TABLE 3**  
 Outcome Measures in Patients Treated With Laser Debulking (LD) + Drug-Eluting Balloon (DEB) Angioplasty vs. DEB Alone

	LD+DEB (n=30)	DEB Only (n=30)	P
LD+DEB	31 (75%)	16 (53%)	0.01
LD+DEB	16 (53%)	16 (53%)	0.83
LD+DEB	16 (53%)	16 (53%)	0.83
LD+DEB	16 (53%)	16 (53%)	0.83
LD+DEB	16 (53%)	16 (53%)	0.83
LD+DEB	16 (53%)	16 (53%)	0.83
LD+DEB	16 (53%)	16 (53%)	0.83
LD+DEB	16 (53%)	16 (53%)	0.83
LD+DEB	16 (53%)	16 (53%)	0.83
LD+DEB	16 (53%)	16 (53%)	0.83

**JETSTREAM In-STENT Stenosis**

**In-Stent Stenosis**

Treatment of intra-stent restenosis (ISR) by balloon angioplasty (BA) of the femoropopliteal segment (FP) is associated with a high rate of restenosis

TLR rate of 31% to 47% and patency rates as low as 28% to 37% at 1 year.

- Bosiers M, Deloose K, Callert J, et al. Superiority of stentgrafts for in-stent restenosis in the superficial femoral artery: twelve-month results from a multicenter randomized trial. *J Endovasc Ther.* 2015;22:1-10.
- Dick P, Sabeti S, Mlekusch W, et al. Conventional balloon angioplasty versus peripheral cutting balloon angioplasty for treatment of femoropopliteal artery in-stent restenosis: initial experience. *Radiology.* 2008;248:297-302.
- Liistro F, Angioli P, Porto L, et al. Paclitaxel-eluting balloon vs. standard angioplasty to reduce recurrent restenosis in diabetic patients with in-stent restenosis of the superficial femoral and proximal popliteal arteries: the DEBATE-ISR study. *J Endovasc Ther.* 2014;21:1-8.
- Krankenberg H, Tübler T, Ingwersen M, et al. Drug-coated balloon versus standard balloon for superficial femoral artery in-stent restenosis: the randomized Femoral Artery In-Stent Restenosis (FAIR) trial. *Circulation.* 2015;132:2230-2236.
- Diggel EJ, Makam P, Kovach R, et al. Randomized controlled study of excimer laser atherectomy for treatment of femoropopliteal in-stent restenosis: initial results from the EXCITE ISR trial (EXCimer Laser Randomized Controlled Study for Treatment of Femoropopliteal In-Stent Restenosis). *JACC Cardiovasc Interv.* 2015;8(1 Pt A):92-101.

**In-STENT Stenosis**

**Aterectomía. EXCITE-ISR trial**

- Turbo Elite Laser (Philips)
- 250 patients
- (TLR) of 73.5% vs. 51.8% ATP (P < 0.005),
- 52% TLR reduction.

Diggel EJ, Makam P, Kovach R, et al. Randomized controlled study of excimer laser atherectomy for treatment of femoropopliteal in-stent restenosis: initial results from the EXCITE ISR trial (EXCimer Laser Randomized Controlled Study for Treatment of Femoropopliteal In-Stent Restenosis). *JACC Cardiovasc Interv.* 2015;8(1 Pt A):92-101.

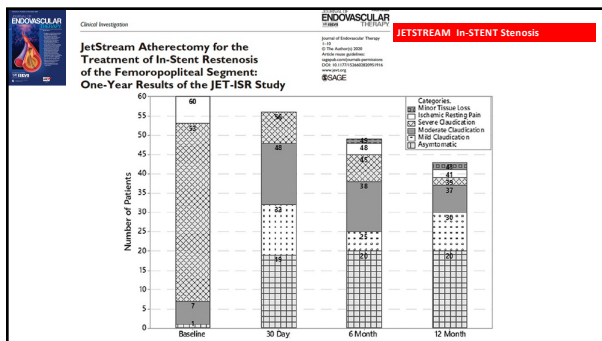
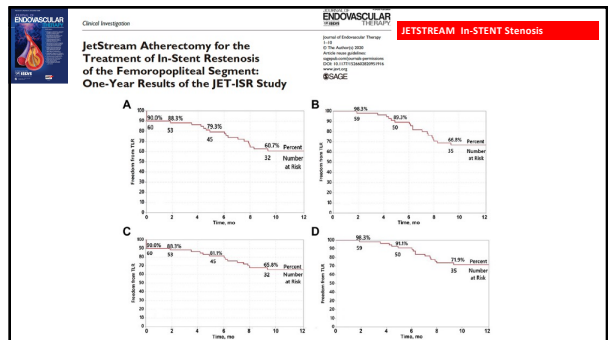
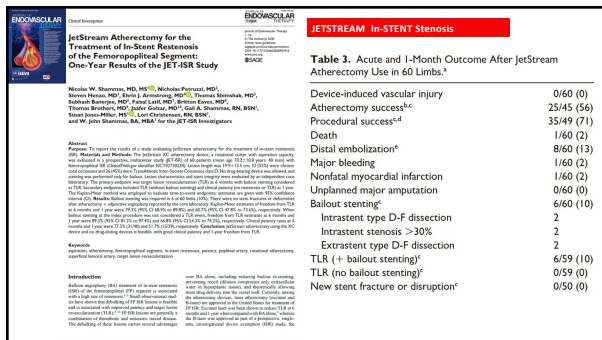
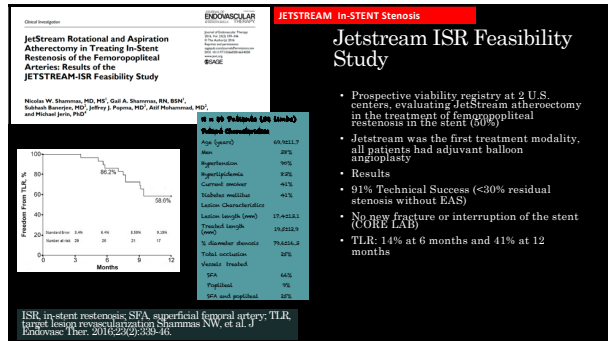
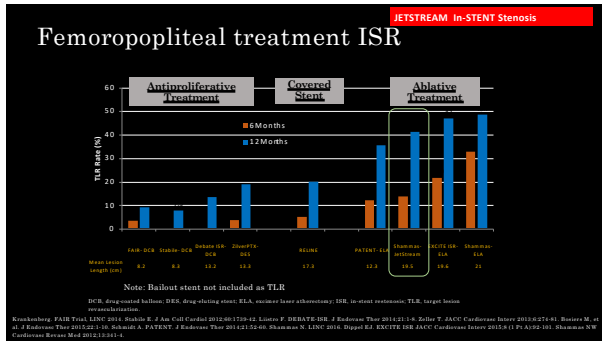
**JETSTREAM In-STENT Stenosis**

Possible predictors of restenosis following Percutaneous Peripheral Interventions

**Biomarkers**  
 High-sensitivity C-reactive protein  
 Fibrinogen  
 Complement component C3a  
 D-dimer  
 Baseline monocyte count  
 Plasma tissue factor  
 Low platelet count  
 Plasma viscosity

**Angiographic Factors**  
 Longer lesion length  
 Infralingual vascular bed  
 Total occlusion  
 Reduced tibial runoff  
 Severe lesions  
 High residual stenosis post intervention  
 Vessel diameter

**Clinical Factors**  
 Diabetes  
 Lack of hypertension  
 Female gender  
 Advanced limb ischemia  
 Tobacco use  
 Renal disease  
 Younger age  
 Diffuse cardiovascular disease



## Conclusions

- Atherectomy can help not only prepare the vessels, but also avoid dissections and get the right light.
- Atherectomy is also a good option in patients with CLTI and DM patients with PAD
- Each device can have different applications depending on the case.
- Directional and rotational atherectomy works well with eccentric and/or calcified lesions
- For ISR laser and rotational atherectomy are good options